



	<b>5th National orienteering competition (Sprint)</b> Saturday 2nd May 2020
<b>Organiser</b>	ASTI Ticino
<b>Internet</b>	<a href="https://www.gare-di.co/en/VM2020">https://www.gare-di.co/en/VM2020</a>
<b>Competition type</b>	Sprint
<b>Maps</b>	Maggia, Moghegno Aurigeno 1:4'000 / 1:3'000 for H/D 50   March 2020   Temporary map scale authorisation 2020 Guglielmetti Francesco
<b>Embargoed areas</b>	<a href="https://www.swiss-orienteering.ch/de/wettkaempfe/gelaendesperren.html">https://www.swiss-orienteering.ch/de/wettkaempfe/gelaendesperren.html</a>
<b>Competition terrain</b>	Village centre typical of Vallemaggia and region 
<b>Course planners</b>	Nora Caprari, Sandra Barca
<b>Course controller</b>	Antonio Guglielmetti
<b>Technical delegate</b>	Tulla Spinelli
<b>Competition director</b>	Riccardo Maddalena
<b>Competition centre</b>	Scuola elementare ai Ronchini <a href="https://s.geo.admin.ch/86c9bafcaa">https://s.geo.admin.ch/86c9bafcaa</a> <div style="float: right; text-align: right;"> <p>Posizione <span style="font-size: 0.8em;">▶</span></p> <p><a href="#">CH1903+ / LV95</a> 2'698'655.0, 1'121'232.5</p> <p><a href="#">CH1903 / LV03</a> 698'655.00, 121'233.29</p> <p><a href="#">WGS 84 (lat/lon)</a> 46.23530, 8.71760</p> <p>46°14'07.085"N 8°43'03.345"E</p> <p><a href="#">UTM</a> 478'226, 5'120'230 (zone 32T)</p> <p><a href="#">MGRS</a> 32TMS 78226 20230</p> <p><a href="#">what3words</a> mancato.navale.cuori</p> <p>Altitudine 308 m</p> <p><a href="#">Link con mirino</a></p>  </div>

<b>Parking</b>	At the event centre, 5.- CHF per car per day.										
<b>How to reach us</b>	<p><b>By public transport:</b> by train to Locarno and then by bus until you reach the stops <i>Moghegno</i> or <i>Ronchini</i>. From these bus stops to the competition centre 300 m walk. It is highly recommended, also for single passengers, to make a reservation on <a href="http://www.sbb.ch/en">www.sbb.ch/en</a>.</p> <p><b>By car:</b> through the Gotthard or San Bernardino to Bellinzona, then to Locarno and Vallemaggia. We recommend to plan enough time for the trip as the north-south road axis is typically characterised by heavy traffic.</p>										
<b>Classes</b>	<p>Men: HE HAL HAM H35 H40 H45 H50 H55 H60 H20 H18 H16 H10 H12 H14 HB HAK H65 H70 H75 H80</p> <p>Women: DE DAL D35 D40 D45 D50 D20 D18 D16 D10 D12 D14 DB DAK DAM D55 D60 D65 D70 D75</p> <p>+ OK (Open Short) / OM (Open Medium) / OL (Open Long)</p>										
<b>Registration</b>	<p>Online <a href="http://www.go2ol.ch">www.go2ol.ch</a></p> <p>Open classes (OK, OM, OL): registration only on the competition day at the competition centre.</p>										
<b>Registration deadline</b>	Monday 20 <sup>th</sup> April 2020, 23:59										
<b>Late registration</b>	<p>Only possible for the Sprint competition until Wednesday 29<sup>th</sup> April 2020, 23:59, by writing to <a href="mailto:vm2020@gare-di.co">vm2020@gare-di.co</a>. Only until there are start places left.</p> <p>Extra fee: CHF 10.-, to pay at the competition centre before the start.</p>										
<b>Registration fee</b>	<table> <tr> <td>2004 and younger</td> <td>CHF 14.-</td> </tr> <tr> <td>2000 - 2003</td> <td>CHF 19.-</td> </tr> <tr> <td>1999 and older</td> <td>CHF 28.-</td> </tr> <tr> <td>Extra maps (Open classes)</td> <td>CHF 3.-</td> </tr> <tr> <td>SI-Card rental</td> <td>CHF 2.-</td> </tr> </table>	2004 and younger	CHF 14.-	2000 - 2003	CHF 19.-	1999 and older	CHF 28.-	Extra maps (Open classes)	CHF 3.-	SI-Card rental	CHF 2.-
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<b>Instructions, start lists and results</b>	<p><a href="http://www.swiss-orientering.ch">www.swiss-orientering.ch</a></p> <p><a href="https://www.gare-di.co/en/VM2020">https://www.gare-di.co/en/VM2020</a></p>										
<b>Competition centre - starts</b>	<p>To start 1 appr. 15 minutes</p> <p>To start 2 appr. 20 minutes</p>										
<b>Start</b>	From 14:00 to appr. 17:00. Start times will be drawn by region.										
<b>Food and drinks</b>	<p>Will be sold at the competition centre.</p> <p><b>Lunch:</b> gnocchi</p> <p><b>Dinner</b> at the competition centre (tent), mandatory reservation via GO2OL or <a href="mailto:vm2020@gare-di.co">vm2020@gare-di.co</a>.</p> <p>Risotto with pork neck or cheese</p> <p>Adults CHF 15.-</p> <p>Kids 2008 or younger CHF 10.-</p>										

<b>Nursery</b>	Will be available at the competition centre (12.00-18.00). A reservation is not necessary.
<b>Accommodation</b>	<a href="https://www.gare-di.co/VM2020/Accommodation/accommodation.html">https://www.gare-di.co/VM2020/Accommodation/accommodation.html</a>  Ascona-Locarno Tourism Office <a href="mailto:info@ascona-locarno.com">info@ascona-locarno.com</a> <a href="https://www.ascona-locarno.com/en/contacts">https://www.ascona-locarno.com/en/contacts</a>
<b>Anti-Doping</b>	These competitions are subject to the Swiss Olympic Anti-Doping rules. Anti-doping controls may be performed on runners of any category. With registration, participants accept the rules of Swiss Olympic. In the D/H 18-20 and DE/HE classes only athletes who have signed the agreement on Anti-Doping will be allowed to compete. Information and forms <a href="https://www.swiss-orienteeing.ch/files/2017_Antidopingerklärung_e.pdf">https://www.swiss-orienteeing.ch/files/2017_Antidopingerklärung_e.pdf</a>
<b>Prize giving ceremony</b>	Prizes for the first three athletes of each class.
<b>Information</b>	Monica Caprari, Tel: +41 (0)79 731 47 08 <a href="mailto:vm2020@gare-di.co">vm2020@gare-di.co</a>
<b>Insurance</b>	Each competitor is responsible for own insurance coverage. The organiser declines any liability.

Last modified: 24.01.2020