

National orienteering races

A few years after the European Orienteering Championships (EOC2018), and after the national races in Campra 2022, Ticino is ready to once again host a major event dedicated to this sport. A national EOC competition weekend, valid for the WRE, is scheduled for April 20 and 21, 2024 in the beautiful terrains of the Vallemaggia.

These races were originally scheduled to take place in 2020, only to be cancelled due to the pandemic. The registration fees the participants did not ask for reimbursement made up a sum of 5'269 CHF, which was donated to Casa Martini in Solduno.

VM2024 will be a unique occasion for all fans of orienteering: in Vallemaggia, competitors will face exciting and very different terrains, ranging from the small and intricate village centres, characterised by narrow streets and sudden changes of direction, to beech forests dotted with irregular boulders, dry stone walls, small valleys and sudden changes of slope.

On Saturday 20 April, a national sprint race will take place in the villages of Aurigeno, Maggia and Moghegno.

The final race is scheduled for Sunday 21 April with the Swiss Medium Distance Championships (MOM), which will take place in the woods above Lodano and Aurigeno.

There will also be many tourist activities available for participants who wish to stay in the region before, during and after the weekend of races. Not only are there plenty of interesting tourist destinations in the Vallemaggia region to choose from, but it's also easy to get to the towns of Ascona, also known as "The Pearl of Lake Maggiore", and Locarno, a culturally rich city.

During their stay in Vallemaggia runners who decide to explore the region will have plenty of options: they will be able to go on excursions suitable for all levels and all ages (among others, the Sentieri di Pietra), visit museums (such as the Museo di Valmaggia in Cevio), practice other sports (such as bungee jumping, cliff or indoor climbing, pump track, mountain biking) or discover some cultural places of great historical and scenic value (among others, the church of Mogno, the Val Bavona villages, and the village of Bosco Gurin).

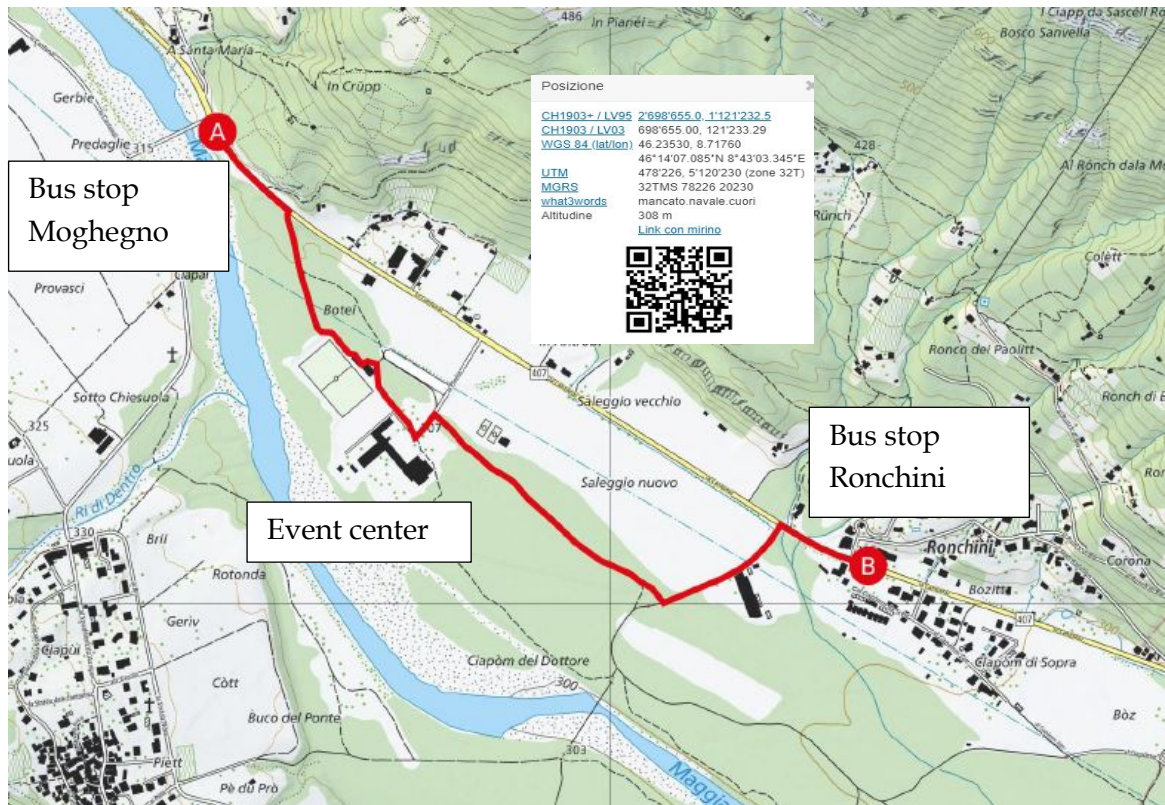
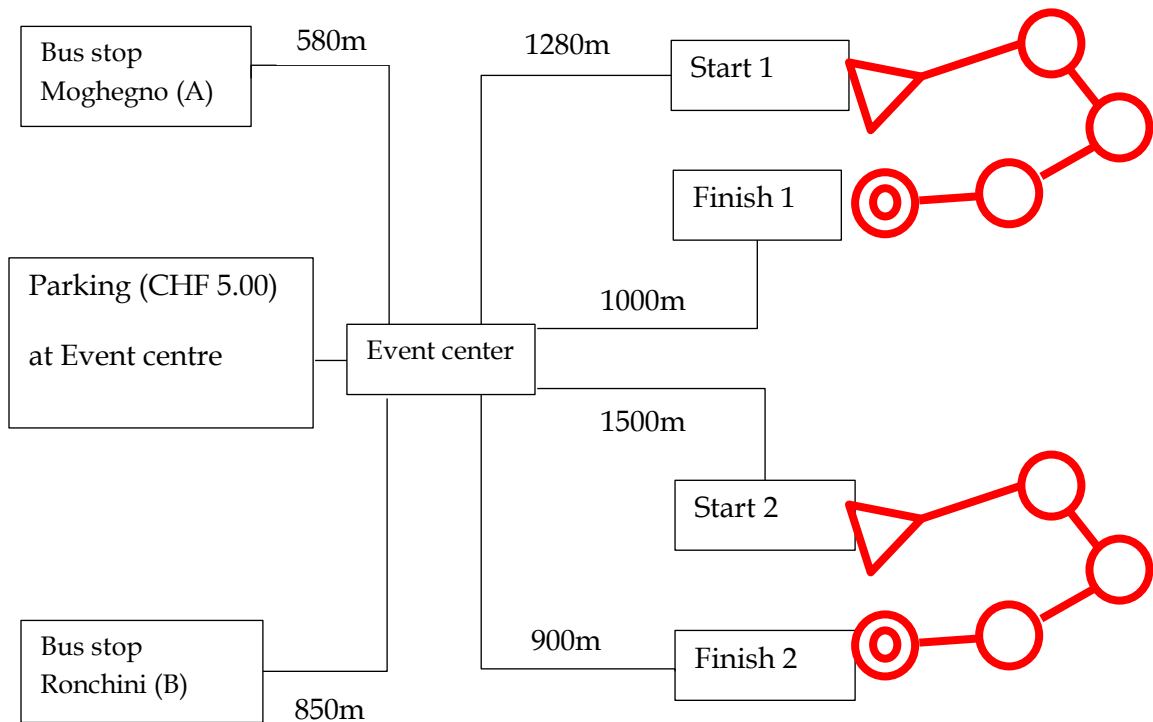
Finally, there will be plenty of opportunities to try local gastronomic dishes, with traditional grotti and more contemporary restaurants serving traditional dishes (polenta cheese, meat) as well as modern interpretations of local dishes.


For all the above reasons VM2024 will be a once-in-a-lifetime chance to explore a region with so much to offer.

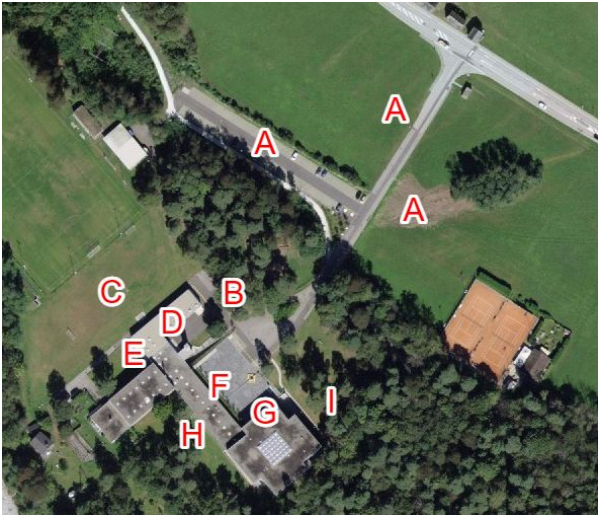
We look forward to seeing you in Vallemaggia!

More information about the region: <https://www.ascona-locarno.com/en/esplora/vallemaggia>

Map: Parking, Bus stops, Event center, Start 1, Start 2







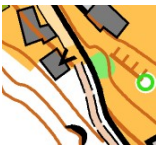



Organizing society	ASTI Ticino
Event Director	Riccardo Maddalena
Course setters	Nora Caprari, Sandra Barca
Controller	Antonio Guglielmetti
Technical Director	Tulla Spinelli
Internet	www.gare-di.co/VM2024
Type of competition	2. National race Sprint (World Ranking Event)
Information	Monica Caprari vm2024@gare-di.co
Maps	Maggia, Moghegno, Aurigeno 1:4'000 / 1:3'000 da H/D 50 e H/DAK Marzo 2020; partially updated in 2024 by Guglielmetti Francesco
Embargoed areas	www.swiss-orienteering.ch/it/gare/gelaendesperren.html
Type of terrains	Traditional villages of the Vallemaggia region 
Categories	HE DE HAL DAL HAM DAM HAK DAK HB DB H35 D35 H40 D40 H45 D45 H50 D50 H55 D55 H60 D60 H65 D65 H70 D70 H75 D75 H80 D80 H85 H20 D20 H18 D18 H16 D16 H14 D14 H12 D12 H10 D10 + OK / OM / OL Identical routes for D/H20 e D/HE
Late entries	Possible only for the 2nd National race (Sprint) until Wednesday, April 17, 2024 at 23.59 by E-mail to vm2024@gare-di.co , limited places! Additional fee: CHF 10, payable at the event center before the start.
Entry fees	2008 and younger CHF 14.- 2004 - 2007 CHF 20.- 2003 and older CHF 32.- Additional maps (Cat. Open) CHF 3.- Rental SI-Card CHF 2.-
Onsite entries	Possible only for the following categories: open OK/OM/OL From 11:00 to 15:00.

Troll (I)	A children's mini-route is organised at the competition centre, registration on site at a cost of CHF 5. Open from 14:00 to 17:30.
<p><u>Event center</u></p> <p>Centro scolastico Ronchini</p> <p>A: Parking</p> <p>B: Shop (orienteering)</p> <p>C: Society tents</p> <p>D: Changing rooms/showers</p> <p>E: Reading of SI-Card</p> <p>F: Marquee/buvette</p> <p>G: Info and entries</p> <p>H: Nursery</p> <p>I: Troll</p>	 <p>The event center opens at 11:00</p>
How to reach the event center	<p><u>Public transportation:</u> By train to Locarno then by bus to the "Aurigeno Moghegno" or "Ronchini" stops, then 580m/850m to the event center.</p> <p>More information: www.gare-di.co/VM2024</p> <p><u>By car:</u> Via the Gotthard or San Bernardino to Bellinzona, then direction Locarno and Vallemaggia. Please plan your trip with plenty of time, as the north-south road axis is always very busy.</p>
Parking	At the event center, CHF 5.- per car
Information (G)	Change of SI-CARD Rental of SI-CARD Entries categories OK / OM / OL from 11:00 to 15:00 Delivery of appeals (appeal form)
Bibs	Self-service at event center. You cannot run without a bib. The same bib will be used for both days.
Anti-Doping	Current Swiss Olympic doping regulations apply to these competitions. Doping controls can be performed on all participants. Registration subjects participants to Swiss Olympic's current doping regulations. In the D/H 18-20 and D/H Elite categories, only those who have signed the declaration of subordination to the anti-doping statute may participate. Information and forms www.swissorienteering.ch/files/2017_Antidopingerkl%C3%A4rung_d.pdf

Food catering (F)	<p>Saturday reservation required through ol-events or vm2024@gare-di.co</p> <p>Lunch starting at 12:00 pm Pasta - CHF 8.00</p> <p>Dinner at the event center starting at 18:30 (marquee) Risotto with luganighetta or cheese - CHF 15.00 Risotto only - CHF 10.00</p>
Nursery (H)	At the event center (12:00-18:00)
Accommodation	<p>ORGANIZZAZIONE TURISTICA LAGO MAGGIORE E VALLI: www.gare-di.co/VM2024/Accommodation/accommodation.html info@ascona-locarno.com https://www.ascona-locarno.com/en/contacts</p>
Camping	<p>WARNING ! Free camping in Vallemaggia is prohibited and subject to controls and fines ! Those who wish to camp must take advantage of the campsites or camper areas. In Vallemaggia there are two campsites (Avegno-Gordevio) and two camper areas (Avegno-Bignasco). It is not possible to leave campers parked overnight at the parking area at the race center.</p>
WC	At the event center. No WC at Start 1 and 2.
Start lists, results	www.swiss-orienteeing.ch
Distance between event center and start 1 and 2	<p>Start 1: 1280m, approx. 15 minutes (walking) Start 2: 1500m, approx. 20 minutes (walking)</p>
Start	14:00 until approx. 17:30
Clothes transport	Not foreseen
Model event (warm-up)	Due to the lack of suitable terrain, the model event is unfortunately not planned.
Shoes	Running with metal spiked shoes is forbidden!

<p>Start</p>	<p>Standard procedure for national races. Each runner is responsible for the cancellation (clear) and verification (check) of his/her SI-Card. It is mandatory to use the SI-Card indicated at the time of registration.</p> <p>Open categories: separate corridor at pre-start, then standard procedure.</p> <ul style="list-style-type: none"> - Minute -4: call, start time verification, cancellation and verification of SI-Card (runner's responsibility) - Minute -3: points description (self-service) - Minute -2: sign with position of maps per category - Minute -1: CHECK punch for control, stand next to the container containing the maps of your category - Start: the race map may only be taken out of the container at the starting signal. <p>Each competitor is responsible for starting with the race map of his or her category. Starting point: marked with a flag without SPORTident unit. Competitors who are late please report to the start staff.</p>
<p>Compulsory route and distance to the starting point</p>	<p>Start 1: 5 m Start 2: 30 m</p>
<p>Control points</p>	<p>Red/ white lanterns as per WO. Each point carries a SPORTident unit (activated AIR+ mode). Punch using the SI-Card. In case the AIR+ mode does not work (battery of the SI-Card discharged), punch by inserting the SI-Card in the appropriate hole of the SI-unit ('box'). In case of SI-unit malfunction (absence of acoustic and visual signal) or if the SI-Card is missing, stamp on the card with the mechanical clamp. Immediately after finishing the race report the problem to the organisers at the finish line. Put your name on the race map and hand it in for the punching control, at the same time informing the data downloaders. The points are placed very close together: please check the point numbers very carefully.</p>
<p>Collision between competitors</p>	<p>The races will partly take place in narrow streets; due to route choices, it has not been possible to avoid running in both directions in some streets: we recommend keeping to the right side of the street and paying attention to intersections!</p>
<p>Road traffic</p>	<p>The streets will not be closed to traffic; residents have been warned and there will be traffic signs and patrols (with special waistcoats); traffic rules concerning pedestrians (Art. 49) must be observed.</p>

<p>Prohibited zones</p>	<p>It is forbidden to cross fields marked with the symbol:</p>  <p>If a border is marked, there will be a delimitation tape.</p>  <p>There will be checks and offenders will be disqualified.</p>
<p>Special symbols</p>	<p>1) Special object:</p>  <p>It can be: bench, garden table, chapel</p>    <p>2) Canvetto (small cellar)</p>  
<p>Control descriptions</p>	<p>Printed for all categories</p>
<p>Maximum race time</p>	<p>90 minutes</p>
<p>Finish</p>	<p>Runners must register their arrival with the SI Card.</p>

	The race map is not collected, but must not be shown to the starting competitors (Fairplay).
Finish area closure	90 minutes after last start
Reading SI Card	At the event center
Medical services	At the finish line and event center
Refreshment	At the finish
Ranking results	Live only on the following website: http://classifiche.asti-ticino.ch/o2rank/
Prizes and prize-giving ceremony	Prizes for the first three in each category. The prize-giving ceremony for the sprint race will be held on Sunday 21.04 from 14:00 onwards.
Appeals	Before lodging an appeal, competitors are requested to contact the race judge in order to resolve the matter amicably. If no solution can be found, the appeal must be submitted in writing no later than 1 hour after the finish using the appeal form available at the info desk. Those who have submitted an appeal must remain at the disposal of the jury.
Race judge	Sandro Corsi
Jury	Reto Pusterla, Stefan Schlatter and Matthias Niggli
Media	Lorenzo Patocchi: lorenzo.patocchi@cryms.com
Image right	By registering to the competitions, participants agree to the publication of pictures and rankings in the media.
Cancellation	Any cancellation will be announced on https://www.gare-di.co/VM2024/News.html and https://www.swiss-orienteeing.ch
Insurance	Each person participates at her/his own risk and is responsible for her/his own insurance coverage. The organizer disclaims any responsibility.

Category	Start	Lenght	Total climb	N° points	Map scale
DE/D20	1	3.11	50	17	1:4'000
HE/H20	1	3.90	65	22	1:4'000
D16	1	2.73	40	16	1:4'000
H16	1	3.20	55	19	1:4'000
D18	1	3.03	55	18	1:4'000
H18	1	3.31	65	21	1:4'000
DAL	1	2.87	40	17	1:4'000
HAL	1	3.12	60	19	1:4'000
DAM	1	2.48	40	14	1:4'000
HAM	1	2.83	50	16	1:4'000
D35	1	2.65	40	16	1:4'000
H35	1	3.22	50	19	1:4'000
D40	1	2.52	40	14	1:4'000
H40	1	3.05	55	18	1:4'000
D45	1	2.46	40	14	1:4'000
H45	1	3.06	50	17	1:4'000
D50	1	2.38	40	14	1:3'000
H50	1	2.95	50	17	1:3'000
H55	1	2.83	50	15	1:3'000
H60	1	2.40	40	15	1:3'000
H10	2	1.73	45	16	1:4'000
D10	2	1.67	35	14	1:4'000
H12	2	2.59	80	21	1:4'000
D12	2	2.24	65	20	1:4'000
H14	2	2.85	90	19	1:4'000
D14	2	2.50	60	18	1:4'000
HB	2	2.04	55	15	1:4'000
DB	2	1.98	45	15	1:4'000
HAK	2	2.44	60	18	1:3'000
DAK	2	2.18	50	17	1:3'000
D55	2	2.21	50	14	1:3'000
D60	2	2.16	50	14	1:3'000
H65	2	2.31	60	18	1:3'000
D65	2	1.93	50	13	1:3'000
H70	2	2.05	50	16	1:3'000
D70	2	1.76	40	11	1:3'000
H75	2	1.89	45	13	1:3'000
D75	2	1.71	40	12	1:3'000
H80	2	1.71	35	12	1:3'000
D80	2	1.57	40	9	1:3'000
H85	2	1.57	40	9	1:3'000
OL	2	2.51	65	19	1:4'000
OM	2	2.19	60	16	1:4'000
OK	2	1.89	45	14	1:4'000

